



NURSES SPECIALIZED IN WOUND, OSTOMY AND CONTINENCE CANADA

WOUND, OSTOMY AND
CONTINENCE INSTITUTE'S
EDUCATION PROGRAMS



OVERVIEW

The WOC-Institute is owned and operated by the association of Nurses Specialized in Wound, Ostomy and Continence Canada (NSWOCC). Our tri-specialty is unique, and we strive to improve the lives of those patients cared for by wound, ostomy and continence nurses as well as support those healthcare professionals who have chosen this dynamic and evolving field through providing comprehensive education and skills-based training to improve their practices. We offer various online programs to allow nurses to improve their skills and understanding of wound, ostomy and continence, from a distance. Advanced programs (WOC-EP and SWAN) include clinical preceptorships. Group pricing is available upon request.

The WOC-Institute's online and on-site educational programs are delivered by a team of highly knowledgeable and dedicated nurse leaders who are Canadian Association of Nurses (CNA) certified Nurses Specialized in Wound, Ostomy and Continence (NSWOC).



**NURSES SPECIALIZED IN
WOUND, OSTOMY AND CONTINENCE
CANADA**

**INFIRMIÈRES SPÉCIALISÉES EN
PLAIES, STOMIES ET CONTINENCE
CANADA**

PROGRAMS

WOC-INSTITUTE PROGRAMS AT A GLANCE

	WOUND, OSTOMY AND CONTINENCE EDUCATION PROGRAM (WOC-EP)	SKIN WELLNESS ASSOCIATE NURSE PROGRAM (SWAN)	INDUSTRY SKIN WELLNESS ASSOCIATE (ISWA)	FOUNDATIONS IN SKIN HEALTH
GRADUATE KNOWLEDGE LEVEL	ADVANCED PRACTICE NURSES/ CLINICAL NURSES SPECIALISTS / NURSE LEADERS. ABILITY TO WORK AT FULL SCOPE OF THE RN ROLE IN THE AREAS OF WOUND, OSTOMY AND CONTINENCE, MANAGING COMPLEX PATIENTS	ADVANCED CLINICAL KNOWLEDGE, ABOVE THE GENERALIST LEVEL, ABLE TO WORK TO FULL SCOPE OF THE PRACTICAL NURSE ROLE IN THE AREAS OF WOUND, OSTOMY AND CONTINENCE, MANAGING STABLE PATIENTS	ENHANCED ABILITY TO PROVIDE OPTIMAL SUPPORT FOR NURSES CARING FOR THOSE WITH WOUND, OSTOMY AND CONTINENCE ISSUES. INDUSTRY PARTNERS WILL GAIN THE ADVANCED ABILITY TO WORK COLLABORATIVELY WITH HEALTHCARE PROFESSIONALS AND TO BE AMBASSADORS FOR ETHICAL PARTNERSHIPS	FOUNDATIONAL KNOWLEDGE OF EITHER WOUND, OSTOMY OR CONTINENCE DEPENDING ON THE COURSE(S) TAKES, WORKS IN COLLABORATION WITH NSWOCs AND SWANS
ENTRY REQUIREMENTS	UNIVERSITY PREPARED RNS	PRACTICAL NURSES (LPN/RPN) AND DIPLOMA RNS	PROOF OF EMPLOYMENT IN INDUSTRY	ANY HEALTHCARE PROFESSIONAL OR CAREGIVER
CNA CERTIFICATION	YES	NO	NO	NO
ONLINE/ONSITE	BLENDED ONLINE AND ON-SITE	ONLINE	ONLINE	EITHER ONLINE OR ONSITE
COMPETENCY BASED	YES	YES	NO	NO
STANDARDS OF PRACTICE	YES	YES	NO	NO
CLINICAL COMPONENT	225 HOURS OF CLINICAL PRECEPTORSHIP WITH AN EXPERIENCED NSWOC MENTOR	75 HOURS OF SELF-DIRECTED AND EXPERIENCED NSWOC SUPPORTED PRECEPTORSHIP	50 HOURS OF SIMULATED EXPERIENCE IN COLLABORATION WITH NSWOCs, SWANS AND OTHER HEALTHCARE PROFESSIONALS	NO
ONGOING MENTORSHIP	YES	YES	YES	YEARLY REFRESHER COURSES ARE RECOMMENDED EITHER ON-SITE OR ONLINE
PROGRAM LENGTH	12 MONTHS	4 MONTHS	4 MONTHS	10 WEEKS ON-LINE OR 2 DAYS ON-SITE
DESIGNATION	NSWOC, WOCC(C)	SWAN	ISWA	CERTIFICATE OF COMPLETION ONLY, NO DESIGNATION
TUITION PER STUDENT	\$5250	\$3000	\$3000	\$600

Wound Ostomy and Contenance Education Program (WOC-EP™)

The NSWOC™ graduate leads Wound, Ostomy and Contenance teams, including SWAN™ and Skin Health graduates and has the knowledge, skills and judgment to manage complex patient issues in the areas of Wounds, Ostomy and Contenance.

Skin Wellness Associate Nurse (SWAN™) Program

SWAN graduates work as integral team members alongside NSWOCs and other clinical specialists to care for stable patients within their scope of practice.

Industry Skin Wellness Associate (ISWA) Program

ISWA program graduates have an enhanced ability to position their product portfolios from a clinical practice lens and to provide optimal support for nurses caring for those with wound, ostomy and continence issues.

Foundations in Skin Health Programs

Individuals who complete the skin health programs develop foundational knowledge in Wound, Ostomy and/or Contenance to aid in the day to day care of those living with an Ostomy, Wound or Contenance issue. They work in collaboration under the direction of NSWOCs™. Wound, Ostomy and Contenance Institute Programs.

WOUND, OSTOMY AND CONTINENCE EDUCATION PROGRAM



The WOC-Institute's flagship program is our Wound Ostomy and Continence Education Program (WOC-EP). The WOC-EP is a state of the art, paced, 12-month, online program which prepares BN/BScN's for the role of a Nurse Specialized in Wound, Ostomy and Continence (NSWOC). The final exam for the program is the Canadian Nurses Associate (CNA) certification exam, which, upon achievement, enables the NSWOC to use the credential WOCC(C). The WOC-EP is a competency and standards of practice guided, rigorous program, aimed at insuring the high quality of its graduates. Through the CANMeds styled, competency-based preceptorship component of the program, the WOC-EP strives to mentor and grow tomorrow's nurse leaders. NSWOCs graduates are among the nursing elite. They demonstrate an advanced level of critical thinking, clinical skill and leadership qualities. The advantage of NSWOCs' tri-specialization is especially clear when patients have needs that require more than one area of specialty.

Employing NSWOCs is an effective strategy for controlling costs through high-quality, evidence-based care that leads to better outcomes for patients. NSWOCs bring about these benefits as deliverers of care but also as sources of specialized knowledge for interdisciplinary health care teams, best practice and protocol development, research and other avenues. The NSWOC graduate leads Wound, Ostomy and Continence teams, including SWAN and Skin Health graduates and has the knowledge, skills and judgement to manage complex patient issues in the areas of Wounds, Ostomy and Continence.

WOUND, OSTOMY AND CONTINENCE EDUCATION PORGRAM

WOUND, OSTOMY AND CONTINENCE EDUCATION PROGRAM (WOC-EP) OVERVIEW

OSTOMY MANAGEMENT

DESCRIPTION:
16 WEEKS (PLUS 2 WEEKS OR 75 HOURS OF PRECEPTORSHIP)

EVALUATION OF THEORY:
INTRODUCTORY ASSIGNMENT (5%)
INDIVIDUAL ASSIGNMENTS (45%)
DISCUSSION FORUMS (20%)
FINAL EXAM (10%)

EVALUATION OF THE PRECEPTORSHIP:
COMPETENCY BASED CLINICAL PLACEMENT (20%)

THE THEORY IS WORTH 80% AND THE PRECEPTORSHIP IS WORTH 20% OF THE FINAL MARK FOR THE COURSE

CONTINENCE MANAGEMENT

DESCRIPTION:
16 WEEKS (PLUS 2 WEEKS OR 75 HOURS OF PRECEPTORSHIP)

EVALUATION OF THEORY:
INDIVIDUAL ASSIGNMENTS (44%)
DISCUSSION FORUMS (26%)
FINAL EXAM (10%)

EVALUATION OF THE PRECEPTORSHIP:
COMPETENCY BASED CLINICAL PLACEMENT (20%)

THE THEORY IS WORTH 80% AND THE PRECEPTORSHIP IS WORTH 20% OF THE FINAL MARK FOR THE COURSE

WOUND MANAGEMENT

DESCRIPTION:
16 WEEKS (PLUS 2 WEEKS OR 75 HOURS OF PRECEPTORSHIP)

EVALUATION OF THEORY:
INDIVIDUAL ASSIGNMENTS (60%)
DISCUSSION FORUMS (10%)
FINAL EXAM (10%)

EVALUATION OF THE PRECEPTORSHIP:
COMPETENCY BASED CLINICAL PLACEMENT (20%)

THE THEORY IS WORTH 80% AND THE PRECEPTORSHIP IS WORTH 20% OF THE FINAL MARK FOR THE COURSE

THE CNA WOCC(C) EXAM IS THE FINAL EXAM FOR THE WOC-EP. THE EXAM IS TO BE WRITTEN WITHIN ONE YEAR OF COMPLETING THE PROGRAM. STUDENTS CAN SIGN UP TO WRITE THE EXAM IMMEDIATELY UPON COMPLETING THE WOUND MANAGEMENT COURSE

SKIN WELLNESS ASSOCIATE NURSE PROGRAM



In response of urgent need among Canadian healthcare professionals for continuing education in the areas of Wound, Ostomy and Continence (WOC), the NSWOCC's WOC-Institute developed the competency-based Skin Wellness Associate Nurse (SWAN™) Program. The program is a 4 month, paced online program which includes a clinical mentorship component. By preparing practical nurses (Registered Practical Nurses / Licensed

Practical Nurses) to manage stable patients with Wound, Ostomy or Continence issues, the SWAN™ program aims to support and empower NSWOC™ teams to improve clinical outcomes. Designed to provide nurses the ability to provide optimal Wound, Ostomy and Continence care under the direction of the NSWOC™ or other clinical specialists. Graduates of the program are eligible to use the SWAN™ designation ex: Nancy Nurse RPN, SWAN. The SWAN™ designation is a means by which graduates can be immediately recognized for the advanced clinical knowledge and skills they gain in the program and their ability to manage stable patient's.

The NSWOCC envisions that SWAN™ graduates will work as integral team members alongside NSWOCs™ and other clinical specialists to care for patients within their scope of practice. The goal of the SWAN™ Program is to educate and prepare skilled practical Wound, Ostomy and Continence nurses across the spectrum of care. There is in particular there is a strong place for SWAN™ graduates in the home-care and long-term care settings. Specifically, this program, based on the scope of practice for practical nurses and a high national standard of care, was built to provide practical nurses with the opportunity to advance their day-to-day knowledge of Wound, Ostomy and Continence care.

SKIN WELLNESS ASSOCIATE NURSE PROGRAM

SKIN WELLNESS ASSOCIATE NURSE (SWAN) PROGRAM OVERVIEW

CONTINENCE MANAGEMENT

DESCRIPTION:
5 WEEKS (PLUS
CLINICAL
ASSIGNMENT)

**EVALUATION OF
THEORY:**
INDIVIDUAL
ASSIGNMENTS (70%)
FINAL EXAM (10%)

**EVALUATION OF THE
PRECEPTORSHIP:**
SELF-DIRECTED
CLINICAL
ASSIGNMENT WITH
NSWOC MENTOR
(20%)

THE THEORY IS
WORTH
80% AND THE
PRECEPTORSHIP IS
WORTH 20% OF THE
FINAL MARK FOR THE
COURSE

OSTOMY MANAGEMENT

DESCRIPTION:
5 WEEKS (PLUS
CLINICAL
ASSIGNMENT)

**EVALUATION OF
THEORY:**
INDIVIDUAL
ASSIGNMENTS (70%)
FINAL EXAM (10%)

**EVALUATION OF THE
PRECEPTORSHIP:**
SELF-DIRECTED
CLINICAL
ASSIGNMENT WITH
NSWOC MENTOR
(20%)

THE THEORY IS
WORTH
80% AND THE
PRECEPTORSHIP IS
WORTH 20% OF THE
FINAL MARK FOR THE
COURSE

WOUND MANAGEMENT

DESCRIPTION:
5 WEEKS (PLUS
CLINICAL
ASSIGNMENT)

**EVALUATION OF
THEORY:**
INDIVIDUAL
ASSIGNMENTS (70%)
FINAL EXAM (10%)

**EVALUATION OF THE
PRECEPTORSHIP:**
SELF-DIRECTED
CLINICAL
ASSIGNMENT WITH
NSWOC MENTOR
(20%)

THE THEORY IS
WORTH
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COURSE

INDUSTRY SKIN WELLNESS ASSOCIATE PROGRAM



Nurses Specialized in Wound, Ostomy and Continence Canada's (NSWOCC) Wound, Ostomy and Continence (WOC) Institute, developed the Industry Skin Wellness Associate (ISWA) Program in response to the growing desire for industry partners to enhance their knowledge build confidence and to be better able to communicate with health care professionals working in the areas of wound, ostomy and continence.

The NSWOCC and WOC-Institute developed the paced online ISWA education program as a means to empower industry partners to become a better resource in supporting clinicians, ultimately improving clinical outcomes.

The ISWA program prepares industry partners to have an enriched understanding of wound, ostomy and continence issues.

The goal of the ISWA Program is to educate and prepare industry partners to work collaboratively and be a more effective resource for healthcare professionals.

Graduates will have an enhanced ability to position their product portfolios from a clinical practice lens and to provide optimal support for nurses caring for those with wound, ostomy and continence issues. The program is designed to provide industry partners the advanced ability to work collaboratively with healthcare professionals and to be ambassadors for ethical partnerships with industry. Upon completion graduates will be eligible to use the ISWA designation.

INDUSTRY SKIN WELLNESS ASSOCIATE PROGRAM

INDUSTRY SKIN WELLNESS ASSOCIATE (ISWA) PROGRAM OVERVIEW

CONTINENCE MANAGEMENT

DESCRIPTION:
5 WEEKS (PLUS
ASSIGNMENT)

**EVALUATION OF
THEORY:**
INDIVIDUAL
ASSIGNMENTS(70%)
FINAL EXAM (10%)

**SELF-DIRECTED
ASSIGNMENT WITH
NSWOC MENTOR
(20%)** ASSIGNMENT
BASED ON EXPLORING
BUILDING THE
INDUSTRY PARTNER /
CLINICIAN
RELATIONSHIP

THE THEORY IS
WORTH 80% AND THE
SELF-DIRECTED
ASSIGNMENT IS
WORTH 20% OF THE
FINAL MARK FOR THE
COURSE

OSTOMY MANAGEMENT

DESCRIPTION:
5 WEEKS (PLUS
ASSIGNMENT)

**EVALUATION OF
THEORY:**
INDIVIDUAL
ASSIGNMENTS (70%)
FINAL EXAM (10%)

**SELF-DIRECTED
ASSIGNMENT WITH
NSWOC MENTOR
(20%)** ASSIGNMENT
BASED ON EXPLORING
BUILDING THE
INDUSTRY PARTNER /
CLINICIAN
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THE THEORY IS
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WOUND MANAGEMENT

DESCRIPTION:
5 WEEKS (PLUS
ASSIGNMENT)

**EVALUATION OF
THEORY:**
INDIVIDUAL
ASSIGNMENTS (70%)
FINAL EXAM (10%)

**SELF-DIRECTED
ASSIGNMENT WITH
NSWOC MENTOR
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BASED ON EXPLORING
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FOUNDATIONS IN SKIN HEALTH PROGRAM



For nurses (RN/RPN/LPN) or other allied health professionals who desire a foundational knowledge in Wound, Ostomy and/or Continence, the WOC-Institute developed the Skin Health Programs (Foundations in Skin and Wound Management, Foundations in Ostomy Management and Foundations in Continence Management). The Skin Health programs are offered two times per year on-line and are

run over a 10-week period. These programs are also available upon request on-site to groups of 20 or more over a two-day intensive program. Both online and onsite programs are provided by experienced NSWOC's. On-line and on-site "refresher" programs are available and can be customized for various healthcare teams. Given the fast pace of research in the Wound, Ostomy and Continence field, yearly refreshers are highly recommended to ensure that healthcare teams are functioning based on best practices.

FOUNDATIONS IN SKIN HEALTH: COURSE OVERVIEW THE SKIN HEALTH COURSES ARE STAND ALONE COURSES

OSTOMY MANAGEMENT

DESCRIPTION:

- 10 WEEKS PACED ONLINE

EVALUATION OF THEORY:

- INDIVIDUAL ASSIGNMENTS AND DISCUSSION FORUMS LED BY AN NSWOC PASS/ FAIL

- STUDENTS MUST COMPLETE ALL COMPONENTS OF THE COURSE IN ORDER TO ACHIEVE A PASSING GRADE

CONTINENCE MANAGEMENT

DESCRIPTION:

- 10 WEEKS PACED ONLINE

EVALUATION OF THEORY:

- INDIVIDUAL ASSIGNMENTS AND DISCUSSION FORUMS LED BY AN NSWOC PASS/ FAIL

- STUDENTS MUST COMPLETE ALL COMPONENTS OF THE COURSE IN ORDER TO ACHIEVE A PASSING GRADE

WOUND MANAGEMENT

DESCRIPTION:

- 10 WEEKS PACED ONLINE

EVALUATION OF THEORY:

- INDIVIDUAL ASSIGNMENTS AND DISCUSSION FORUMS LED BY AN NSWOC PASS/ FAIL

- STUDENTS MUST COMPLETE ALL COMPONENTS OF THE COURSE IN ORDER TO ACHIEVE A PASSING GRADE



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